

Breathe2B's curriculum, staff training and workshops will cultivate awareness, agency, foster well-being, create healing interactions and develop a common language in line with your school's wellbeing directives. Our sessions and resources are designed and delivered by trained professionals.

WELLBEING CURRICULUM <b>PLUS</b> IMPLEMENTATION SUPPORT		WELLBEING CURRICULUM <b>PLUS</b> IMPLEMENTATION SUPPORT <b>PLUS</b> STAFF WELLBEING		WELLBEING CURRICULUM <b>PLUS</b> IMPLEMENTATION SUPPORT <b>PLUS</b> STAFF WELLBEING <b>PLUS</b> STUDENT ENRICHMENT			
<b>SIGNATURE PROGRAM</b>	<p><b>2-day Breathe2B Teacher Advocate Training</b> (2 staff members), onsite or hybrid. Professional Development mapped to ATSL Teacher Standards.</p> <p><b>Access to dedicated online Breathe2B Hub</b> where curriculum resources are housed: -Presentations -Lesson Plans -Scripts -Recordings -Student worksheets</p> <p><b>Continued support and mentoring</b> through implementation. Connection to the <b>Breathe2B Community</b>.</p>	<p>Support to optimize impact of curriculum <b>by meeting with wellbeing team/key stakeholders</b> to uncover gaps in current school curriculum offerings. Breathe2B will support alignment of the program to school needs and timetabled classes.</p> <p><b>Curriculum Mapping:</b></p> <ul style="list-style-type: none"> <li>ACARA General Capabilities: Personal and Social Learning continuum</li> <li>ACARA HPE: Food + Wellbeing</li> <li>Pastoral Programs (including PERMAV, Religious Studies)</li> <li>Respectful Relationships (Australian State Government)</li> </ul> <p><b>'Creating a Culture of Wellbeing in Schools' staff seminar</b> (60-minute onsite full staff PD) and staff resource pack.</p> <p><b>Conversation with leadership team to align seminar</b> to meet staff needs and availability.</p>				<p><b>PRICE: \$2500 + GST</b> <i>(and travel)</i> <b>+\$17/student/annum</b></p>	
	<b>STAFF WELLBEING</b>	<p><b>2-day Breathe2B Teacher Advocate Training</b> (2 staff members), onsite or hybrid. Professional Development mapped to ATSL Teacher Standards.</p> <p><b>Access to Breathe2B Hub</b> where resources are housed: -Curriculum Mapping -Presentations -Lesson Plans -Scripts -Recordings -Student worksheets</p> <p><b>Continued support and mentoring</b> through implementation. Connection to the <b>Breathe2B Community</b>.</p>	<p>Support to optimize impact of curriculum <b>by meeting with wellbeing team/key stakeholders</b> to uncover gaps in current school curriculum offerings. Breathe2B will support alignment of the program to school needs and timetabled classes.</p> <p><b>Curriculum Mapping:</b></p> <ul style="list-style-type: none"> <li>ACARA General Capabilities: Personal and Social Learning continuum</li> <li>ACARA HPE: Food + Wellbeing</li> <li>Pastoral Programs (including PERMAV, Religious Studies)</li> <li>Respectful Relationships (Australian State Government)</li> </ul> <p><b>'Creating a Culture of Wellbeing in Schools' staff seminar</b> (60-minute onsite full staff PD) and staff resource pack.</p> <p><b>Conversation with leadership team to align seminar</b> to meet staff needs and availability.</p>	<p><b>'Bite-sized Mindfulness Practices Wellbeing' staff workshop</b> (60-minute onsite full staff PD).</p> <p><b>Conversations to align workshop</b> to meet staff needs and availability.</p> <p><b>Supporting staff Resource pack to match workshop.</b></p> <p><b>Access to monthly Breathe2B webinars.</b></p> <p><b>Quarterly Staff Newsletter.</b></p>			<p><b>PRICE: \$3000 + GST</b> <i>(and travel)</i> <b>+\$17/student/annum</b></p>
		<b>STUDENT ENRICHMENT</b>	<p><b>2-day Breathe2B Teacher Advocate Training</b> (2 staff members), onsite or hybrid. Professional Development mapped to ATSL Teacher Standards.</p> <p><b>Access to Breathe2B Hub</b> where resources are housed: -Curriculum Mapping -Presentations -Lesson Plans -Scripts -Recordings -Student worksheets</p> <p><b>Continued support and mentoring</b> through implementation. Connection to the <b>Breathe2B Community</b>.</p>	<p>Support to optimize impact of curriculum <b>by meeting with wellbeing team/key stakeholders</b> to uncover gaps in current school curriculum offerings. Breathe2B will support alignment of the program to school needs and timetabled classes.</p> <p><b>Curriculum Mapping:</b></p> <ul style="list-style-type: none"> <li>ACARA General Capabilities: Personal and Social Learning continuum</li> <li>ACARA HPE: Food + Wellbeing</li> <li>Pastoral Programs (including PERMAV, Religious Studies)</li> <li>Respectful Relationships (Australian State Government)</li> </ul> <p><b>'Creating a Culture of Wellbeing in Schools' staff seminar</b> (60-minute onsite full staff PD) and staff resource pack.</p> <p><b>Conversation with leadership team to align seminar</b> to meet staff needs and availability.</p>	<p><b>'Bite-sized Mindfulness Practices Wellbeing' staff workshop</b> (60-minute onsite full staff PD).</p> <p><b>Conversations to align workshop</b> to meet staff needs and availability.</p> <p><b>Supporting staff Resource pack to match workshop.</b></p> <p><b>Access to monthly Breathe2B webinars.</b></p> <p><b>Quarterly Staff Newsletter.</b></p>	<p><b>Plus, select any 90-minute onsite Student Workshop.</b></p> <p><b>Conversations to align workshops</b> to meet your schools needs and calendar.</p> <p><b>Parent Information letters for workshops selected.</b></p> <p><b>Curriculum alignment Documentation for workshops.</b></p>	
<p><b>Recurring annual fee: \$17/annum/student being taught Breathe2B program</b></p> <p>Note: E.g., 100 Y8 Students = \$1700. Student fee can be covered by the school or added to the school's booklist. <b>Plus \$295/teacher advocate registration</b></p>							