

2023 SCHOOL PROGRAM MATRIX

Breathe2B's curriculum, staff training and workshops will cultivate awareness, agency, foster well-being, create healing interactions and develop a common language in line with your school's wellbeing directives.

Our sessions and resources are designed and delivered by trained professionals.

WELLBEING **IMPLEMENTATION** CURRICULUM PLUS **SUPPORT** 2-day Breathe2B Teacher Advocate Support to optimize impact of curriculum by meeting with wellbeing team/key Training (2 staff members), onsite stakeholders to uncover gaps in current school curriculum offerings. Breathe2B will or hybrid. Professional Development mapped to ATSIL -\$17/student/annum support alignment of the program to Teacher Standards. PRICE: \$2500 + GST school needs and timetabled classes. Curriculum Mapping: ACARA General Capabilities: Personal Access to dedicated online and Social Learning continuum Breathe2B Hub where curriculum ACARA HPE: Food + Wellbeing resources are housed: Pastoral Programs (including -Presentations PERMAV, Religious Studies) Respectful Relationships (Australian -Lesson Plans -Scripts State Government) -Recordings -Student worksheets 'Creating a Culture of Wellbeing in **Schools' staff seminar** (60-minute onsite full staff PD) and staff resource pack. Continued support and mentoring through implementation. Conversation with leadership team to Connection to the Breathe2B align seminar to meet staff needs and Community availability. **STAFF IMPLEMENTATION** WELLBEING PLUS WELLBEING **SUPPORT CURRICULUM PLUS** Support to optimize impact of curriculum 2-day Breathe2B Teacher Advocate 'Bite-sized Mindfulness by meeting with wellbeing team/key **Training** (2 staff members), onsite or hybrid. Professional Development **Practices Wellbeing' staff** stakeholders to uncover gaps in current school curriculum offerings. Breathe2B will workshop (60-minute onsite full -\$17/student/annum PRICE: \$3000 + GST mapped to ATSIL Teacher Standards. support alignment of the program to staff PD) school needs and timetabled classes. Curriculum Mapping: ACARA General Capabilities: Personal and Social Learning continuum ACARA HPE: Food + Wellbeing Access to Breathe2B Hub where Conversations to align resources are housed: workshop to meet staff needs -Curriculum Mapping and availability. -Presentations Pastoral Programs (including -Lesson Plans Supporting staff Resource pack PERMAV, Religious Studies) Respectful Relationships (Australian -Scripts to match workshop State Government) -Recordings -Student worksheets Access to monthly Breathe2B 'Creating a Culture of Wellbeing in webinars. Schools' staff seminar (60-minute onsite **Continued support and mentoring** full staff PD) and staff resource pack through implementation Quarterly Staff Newsletter. Conversation with leadership team to Connection to the Breathe2B align seminar to meet staff needs and Community. **STAFF STUDENT** WELLBEING **IMPLEMENTATION** CURRICULUM PLUS SUPPORT PLUS WELLBEING PLUS ENRICHMENT Support to optimize impact of curriculum 2-day Breathe2B Teacher Advocate Bite-sized Mindfulness Plus, select any 90-minute by meeting with wellbeing team/key **Practices Wellbeing' staff** Training (2 staff members), onsite onsite Student Workshop stakeholders to uncover gaps in current or hybrid. Professional workshop (60-minute onsite full school curriculum offerings. Breathe2B will **Development mapped to ATSIL** staff PD) Conversations to align support alignment of the program to Teacher Standards. workshops to meet your school needs and timetabled classes. Curriculum Mapping: • ACARA General Capabilities: Personal -\$17/student/annum Conversations to align schools needs and calendar PRICE: \$3500 + GST Access to Breathe2B Hub where workshop to meet staff needs and Social Learning continuum ACARA HPE: Food + Wellbeing and availability. **Parent Information letters for** resources are housed: workshops selected. -Curriculum Mapping Pastoral Programs (including **Supporting staff Resource pack** -Presentations PERMAV, Religious Studies) Respectful Relationships (Australian -Lesson Plans **Curriculum alignment** to match workshop. State Government) **Documentation for** -Recordings Access to monthly Breathe2B workshops. 'Creating a Culture of Wellbeing in -Student worksheets Schools' staff seminar (60-minute onsite full staff PD) and staff resource pack. **Quarterly Staff Newsletter.** Continued support and mentoring through implementation Conversation with leadership team to Connection to the Breathe2B align seminar to meet staff needs and availability Community.

Recurring annual fee: \$17/annum/student being taught Breathe2B program

Note: E.g., 100 Y8 Students = \$1700. Student fee can be covered by the school or added to the school's booklist.

Plus \$295/teacher advocate registration